

Board of Health

Adams County: South Heartland District Health Dept, West Conference Rm, 606 N. Minnesota Avenue, Hastings, NE
September 2, 2026 8:45 a.m. following the Adjournment of the Budget Hearing

AGENDA		
Time	Topic, Lead Person	Expected Action/Outcomes
8:45 a	Welcome & Call Meeting to Order – President Sandra (Sam) Nejezchleb, Chair	1. Meeting Call to Order, Open Meeting Statement 2. Roll Call 3. <u>Adopt</u> Current Agenda – Board Action (Roll Call Vote) 4. Request for Board Conflict of Interest Declarations
	<i>Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Hastings, Nebraska, and on the South Heartland website: southheartlandhealth.ne.gov. This meeting is being held in open session. A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public's review.</i>	
	Public Comment	(Only for agenda items not related to a public hearing)
	July 1, 2026 Board Meeting Minutes	<u>Approve</u> Minutes of July Meeting – Board Action (Roll Call Vote)
	Public Hearing: Proposed Enactment of Public Swimming Pools Regulations	Open Hearing - Roll Call Vote Presentation Public Comment Close Hearing - Roll Call Vote
	Proposed Resolution #2026-7 to Adopt Public Swimming Pools Regulations	<u>Adopt</u> Swimming Pool Regulations - Board Action (Roll Call Vote)
	Financial Report – K. Derby Administration/Management - PHAB Domain 10, SP Goal 4 • Financial Report (Current Funding Sources, Outstanding Invoices, Balance Sheets, Profit & Loss, Disbursements) • Update on Annual Audit Governance Function: <i>Resource Stewardship</i>	Awareness of financial health/funding sources/ budgetary needs; Grants/Funding/Contracts/Subawards Status <u>Accept</u> Financial Report – Board Action (Roll Call Vote)
	Communications from Exec. Director – M. Bever • Executive Director's Report Q and A Governance Functions: <i>Policy, Oversight, Legal Auth., Resource Stewardship</i>	Informational: Board Receives Report
	Finance Committee – C. Neumann • FY 2026 Annual Budget • Resolution #2026-8 Educational Benefit Allocation Governance Functions: <i>Policy Development; Legal Authority</i>	1. <u>Adopt</u> FY2027 Annual Budget - Board Action (Roll Call Vote) 2. <u>Adopt</u> Resolution #2026-8 - Board Action (Roll Call Vote)
	Policy Committee – N. Shackelford • Reviewed/Revised/Removed Policies: HR 406 Information Security (Removed HR 304); HR 100 Bereavement; HR 404 Complaints • 2026-2031 Strategic Plan Governance Functions: <i>Policy Development</i>	<u>Adopt</u> Strategic Plan. Board Action (Roll Call Vote) <u>Approve</u> revised policies. Board Action (Roll Call Vote)
	Succession Committee – Dr. K. Amyot	Informational: Board Receives Report
	Communications from Board Members - Chair • Community Outreach and Public Health Information Sharing • Community/County Updates - Board Members (All) • Announcements/Upcoming Events – Calendar (next page) - Chair Governance Function: <i>Partner Engagement</i>	• Board members share their community/county public health activities/issues and community or professional meeting updates Receive information to promote or participate in upcoming events and share at their upcoming meetings.
	Bi-Monthly Report from Staff (in person and in packet) Governance Functions: <i>Partner Engagement, Oversight</i>	<u>Accept</u> Bi-Monthly Report – Board Action (Roll Call Vote)
~11:00	Adjourn	Board Action (Roll Call) (Next Meeting, November 4, 2026, Clay County)
11:30 - 1:00	Preceptor Partnership Award Event with UNMC College of Public Health	

SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

1. **All Summer/Fall – Fight the Bite:** Help us prevent illnesses caused by ticks and mosquitoes. Share information in your communities about how to prevent mosquito and tick bites. The U.S. Environmental Protection Agency (EPA) is a good resource for getting up-to-date information about insect repellents, including what's in them and how to choose and use them: <https://www.epa.gov/insect-repellents>.
2. **Recommended Vaccines for Children and Adults:** <https://www.cdc.gov/vaccines/vpd/vaccines-age.html>
 - Hastings/Adams County Immunization Clinic: Walk-In Vaccine Clinic for Adult and Children, Wednesdays 9 AM – 5 PM
 - Other locations for Vaccine for Children/Adults Programs in South Heartland District: Clay County Health Department (Clay Center), Brodstone Healthcare (Superior), Webster County Community Hospital (Red Cloud). For more information, visit our website: <https://southheartlandhealth.ne.gov/>
3. **Foot Clinics:** Hastings - Sept 1st and 15th, October 6th and 20th. Superior - Sept 22nd, Oct 27th. Contact Carmen McBride at 402-462-6211, for more information.
4. **Falls Prevention Awareness Week is September 21-25:** Falls among older adults continue to be a national public health concern. Help us raise awareness on preventing falls, reducing the risk of falls, and helping older adults live without fear of falling. Promote *Tai Chi*, *Stepping On*, and *Bingocize* classes in your county and raise awareness that falls are preventable. Encourage older adults to be falls free and independent!
5. **September is Childhood Obesity Awareness Month:**
6. **September is Preparedness Month:** National Preparedness Month is an observance each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. To learn about ways to prepare for emergencies go to: <https://www.ready.gov/september>
7. **October is Breast Cancer Awareness Month:** Promote breast cancer screening for early detection!
8. **National Lead Poisoning Prevention Week (NLPPW), October 25-31:** Reducing childhood exposure to lead by increasing lead poisoning prevention awareness. October is also Children's Health Month, a time to raise awareness about children's environmental health, including the dangers and potential health impacts of lead. NLPPW highlights the many ways parents, caregivers and communities can reduce children's exposure to lead and prevent its harmful health effects.
 - SHDHD is encouraging families who live in homes built before 1978 to have their children tested for lead.
9. **October 23: CHIP Rockin' It** Bi-Annual Meeting for Strategy Progress Reporting, 9 am-12 pm at ESU-9.
10. **Diabetes Prevention / Take a Diabetes Risk Test:** <https://diabetesontrack.org/hastings/>
 - Visit SHDHD's Smart Hub for Diabetes Prevention for resources on healthy eating, physical activity, risk test, where to get screened for diabetes risk, who can help, and more: southheartlandhealth.ne.gov
 - Ongoing: 'Smart Moves' Classes (Evidence-based [Diabetes Prevention Program](#)) – Contact Jessica Warner to find out more - 402-462-6211.
 - WeCAN MoveIT - Celebrating America's 250th Birthday with 2,500,000 minutes of community movement: Log your minutes of activity and help our health district reach 2.5M minutes of community movement: <https://wellness-goal-tracker--terryjulian.replit.app/>
11. **Where to get Blood Pressure Checks:** See SHDHD's website: www.southheartlandhealth.ne.gov for a list of locations (by county) offering blood pressure checks.
12. "Like" [South Heartland's Facebook Page](#); "Follow us" on [Instagram](#); Watch for notifications on our [website homepage: https://southheartlandhealth.ne.gov/](#)

SHDHD Board Meeting Calendar 2026-2027	
July 1, 2026	Webster County
September 2, 2026	Adams County
November 4, 2026	Clay County
January 6, 2027	Nuckolls County
March 3, 2027	Adams County
May 5, 2027	Webster County



South Heartland's Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

- Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence.
- Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges.
- Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization.
- Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services.
- Heed corporate affairs and keep informed of the central activities and operations of programs.
- Support majority opinions of the board.
- Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources.
- Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc.
- Record personal conduct and register dissents in the minutes, or by letter.
- Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization.
- Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state.

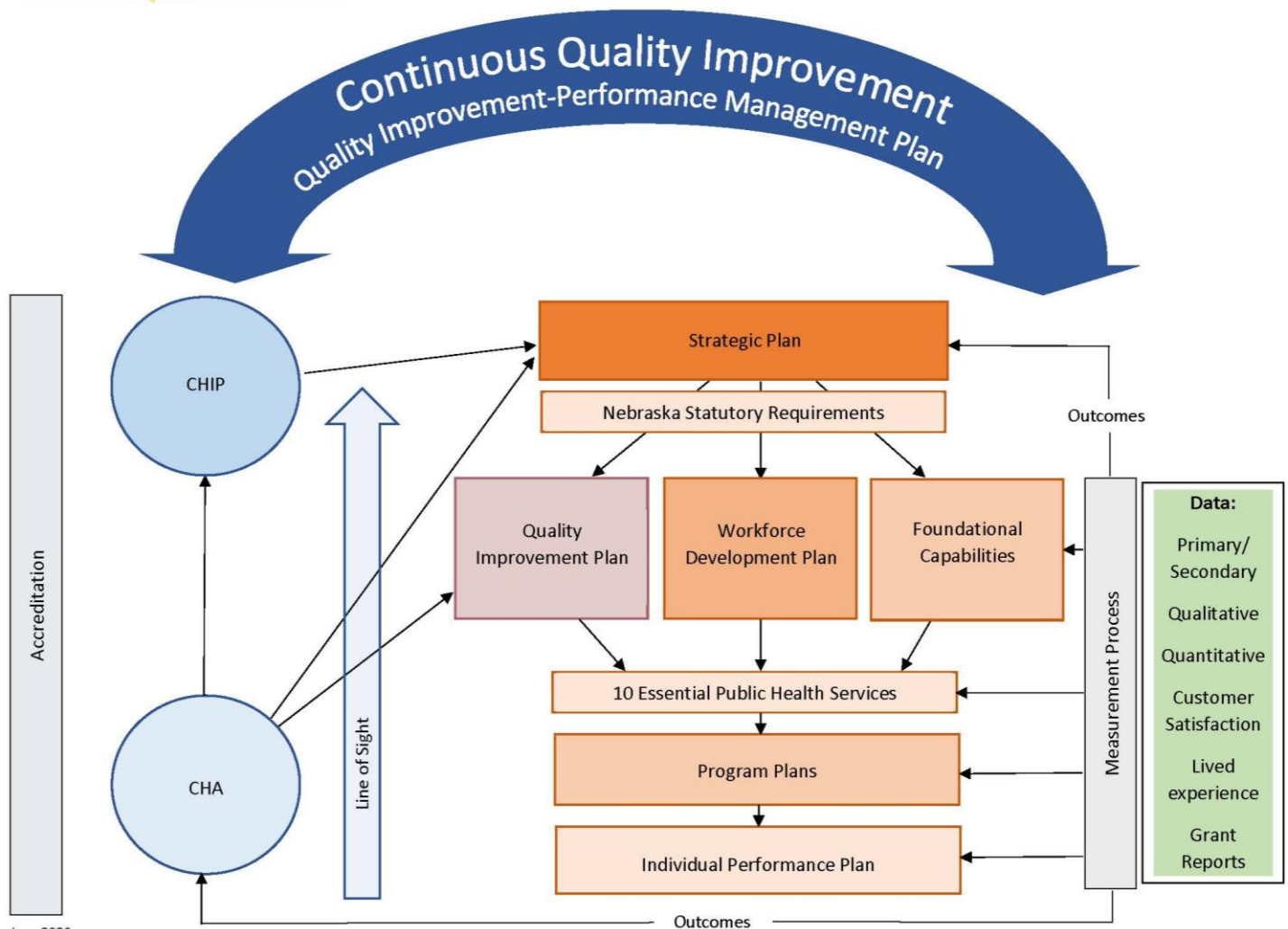
*Board of Health Handbook, page 32

South Heartland District Health Department Strategic Priorities 2026 - 2031

1. **Strengthen Public Awareness and Strategic Communication:** *Develop and implement a cohesive communication strategy to raise public awareness about SHDHD's work, build advocacy, and foster community engagement across all four counties.*
2. **Enhance Collaboration:** *Foster a culture of collaboration internally (staff and board) and externally (community partners) to maximize the use of resources and increase program effectiveness.*
3. **Secure and Diversify Funding:** *Develop strategies for sustainable funding by maintaining current funding sources, seeking new opportunities (public and private), and improving internal efficiency.*
4. **Invest in Workforce and Governance:** *Prioritize staff and board development, with an emphasis on training, engagement, retention, and succession planning to build a resilient organization.*
5. **Equitable Service Delivery and Community Impact:** *Ensure equitable distribution of services and resources across all counties and communities, tailored to local needs through targeted outreach, addressing social determinants of health, and leveraging trusted partnerships.*

SHDHD Performance Management System Framework

SHDHD Performance Management System



June 2026
S:\Resources - Polices- Plans\Plans - SHDHD\Performance Management

The Governance Functions

NALBOH is the national voice for the boards that govern health departments and shape public health policy. Since its inception, NALBOH has connected with board of health members and elected officials from across the country to inform, guide, and help them fulfill their public health responsibilities in their states and communities. Driven by a mission to strengthen and improve public health governance, NALBOH worked with CDC and other national partners to identify, review, and develop the following model of six functions of public health governance.

Policy development: Lead and contribute to the development of policies that protect, promote, and improve public health while ensuring that the agency and its components remain consistent with the laws and rules (local, state, and federal) to which it is subject. These may include, but are not limited to:

- Developing internal and external policies that support public health agency goals and utilize the best available evidence;
- Adopting and ensuring enforcement of regulations that protect the health of the community;
- Developing and regularly updating vision, mission, goals, measurable outcomes, and values statements;
- Setting short- and long-term priorities and strategic plans;
- Ensuring that necessary policies exist, new policies are proposed/implemented where needed, and existing policies reflect evidence-based public health practices; and
- Evaluating existing policies on a regular basis to ensure that they are based on the best available evidence for public health practice.

Resource stewardship: Assure the availability of adequate resources (legal, financial, human, technological, and material) to perform essential public health services. These may include, but are not limited to:

- Ensuring adequate facilities and legal resources;
- Developing agreements to streamline cross-jurisdictional sharing of resources with neighboring governing entities;
- Developing or approving a budget that is aligned with identified agency needs;
- Engaging in sound long-range fiscal planning as part of strategic planning efforts;
- Exercising fiduciary care of the funds entrusted to the agency for its use; and
- Advocating for necessary funding to sustain public health agency activities, when appropriate, from approving/appropriating authorities.

Legal authority: Exercise legal authority as applicable by law and understand the roles, responsibilities, obligations, and functions of the governing body, health officer, and agency staff. These may include, but are not limited to:

- Ensuring that the governing body and its agency act ethically within the laws and rules (local, state, and federal) to which it is subject;
- Providing or arranging for the provision of quality core services to the population as mandated by law, through the public health agency or other implementing body; and
- Engaging legal counsel when appropriate.

Partner engagement: Build and strengthen community partnerships through education and engagement to ensure the collaboration of all relevant stakeholders in promoting and protecting the community's health. These may include, but are not limited to:

- Representing a broad cross-section of the community;
- Leading and fully participating in open, constructive dialogue with a broad cross-section of members of the community regarding public health issues;
- Serving as a strong link between the public health agency, the community, and other stakeholder organizations; and
- Building linkages between the public and partners that can mitigate negative impacts and emphasize positive impacts of current health trends.

Continuous improvement: Routinely evaluate, monitor, and set measurable outcomes for improving community health status and the public health agency's/governing body's own ability to meet its responsibilities. These may include, but are not limited to:

- Assessing the health status of the community and achievement of the public health agency's mission, including setting targets for quality and performance improvement;
- Supporting a culture of quality improvement within the governing body and at the public health agency;
- Holding governing body members and the health director/health officer to high performance standards and evaluating their effectiveness;
- Examining structure, compensation, and core functions and roles of the governing body and the public health agency on a regular basis; and
- Providing orientation and ongoing professional development for governing body members.

Oversight: Assume ultimate responsibility for public health performance in the community by providing necessary leadership and guidance in order to support the public health agency in achieving measurable outcomes. These may include, but are not limited to:

- Assuming individual responsibility, as members of the governing body, for actively participating in governing entity activities to fulfill the core functions;
- Evaluating professional competencies and job descriptions of the health director/health officer to ensure that mandates are being met and quality services are being provided for fair compensation;
- Maintaining a good relationship with health director/health officer in a culture of mutual trust to ensure that public health rules are administered/enforced appropriately;
- Hiring and regularly evaluating the performance of the health director; and
- Acting as a go-between for the public health agency and elected officials when appropriate.

All public health governing entities are responsible for some aspects of each function. No one function is more important than another. For more information about the six governance functions, please visit www.nalboh.org.

Approved by the NALBOH Board of Directors – November 2012